

Medical Model

Symptoms → Diagnose and Treat

What hurts? Where does it hurt? How long has it hurt?
Review of multiple body systems.

Married? Smoker? Sex life?

Comprehensive head to toe physical; include ‘bullets’
from unrelated parts of the body

Risk based on danger of condition and treatment
procedures

Review of past records, diagnostic test results,
consultation reports

Medical decision making is based on level of risk, severity
of the clinical problem and amount of data reviewed

Plan is focused on diagnostic tests, medication and
referrals to try to reduce symptoms

History

Social

Exam

Risk

Data

MDM

Plan

Function-Oriented Model

Function → Assess and Promote

What happened? How and when? How has it impacted you? Diagnostic
info includes causation, safety hazards and functional impact.

Job satisfaction? Friction at work? Coping strategies?

Functional tests; comprehensive exam of injured part of the body in
comparison to other side; exam of adjacent areas

Risk based on danger of condition and treatment; disability risk factors;
lost days; opioid use

Review of past records, diagnostic tests, consultation reports and
occupational information

Medical decision making also includes assessing risk for chronic work
disability

Plan provides treatment of the presenting condition while also
mitigating chronic work disability and managing return to work

